

Final Information

SSAA

Track & Field Championships 2026

- Many entry fees have still to be received. For schools who have not sent their fees, please note that the entry fee is due whether the athlete participates or not.
- Please ensure that the adult in charge of athletes has a copy of the entry confirmation in case of any issues.

Indoor Warm-Up Area

- Access to the indoor arena warm-up area will be controlled at the entry point shown on the indoor plan.
 - Entry is permitted only from 30 minutes before the athlete's Call Room time.
 - No bags or food are allowed in the warm-up area.
 - Athletes must follow the Warm-Up Etiquette Instructions displayed in the area.
 - Any athlete who fails to comply will be asked to leave and will not be permitted to return.
 - All personal kit must be taken away when leaving for the Call Room.
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- There is a cafeteria opened at the stadium; however, this can be very busy especially around 1pm.

Travel advisory: Schools/Athletes travelling from the West.

Major Road works on the M80 at The Old Inn Services are expected to cause delays.

Please allow extra time for your journey to ensure you arrive in time for declarations.

Please issue the following information to athletes and school staff/parents who are accompanying your pupils.

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On arrival at Grangemouth Stadium,

- The adult accompanying pupils must sign in on arrival at the Convenor's Desk situated in the Indoor Arena. They are responsible for the safety and behaviour of those pupils when they are not participating in events.
- Athletes should proceed to the Declaration Area situated in the Indoor Arena.

Declarations close 60 minutes before the event is timetabled.

- Declarations will close both days at 3pm.
- Athletes with start times after 4pm can either be declared by school representative or by reporting to the Convenor at least 1 hour before timetabled time.

Delays/Issues with arrival on the day. please phone the convenor on. NB. This number will not be manned out with the 2 days of the championships.

- **Athletes Must compete in their own age group**
- **Athletes must** Declare for **ALL** events at same time. School officials are allowed to declare for athletes, especially for those who are competing after 3pm to ensure they make the closing time.
- Athletes may only take part in 2 events on any day, in accordance with limitations set out in Initial Information sheet
- Athletes in C group are only allowed to take part in 2 events over the Championships. Athletes in A&B groups are only allowed to take part in 3 events over the Championships. This includes Championship event taking place on Saturday 1st June.
- **Athletes will be issued with their individual number at Declarations. Only 1 set of numbers will be issued to each athlete. Athletes competing on both days must bring their number back for Day 2**
Athletes must declare each day

Athletes are asked to check the timetable carefully for each day

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- There is a cafeteria opened at the stadium; however, this can be very busy especially around 1pm. Please ensure that any hot drinks taken from the café have a secure lid to avoid any accidents.

There will be 1 Call – Room

This is situated in the Indoor Arena close to the entrance

Athletes must report to Call –Room:

Pole Vault 50 minutes High Jump 40 minutes

Remaining Field events 30 minutes

Track events 15 minutes

before their event is scheduled

After all check procedures have been completed, athletes will be taken to **their event area/start**.

No mobile phones, electronic equipment 'etc.', will be allowed in the Call Room.

General

- Only Stadium Blocks will be used.
- Personal Throwing Equipment must be handed in at **Declaration** and at least **60 minutes** before event is scheduled. A form will be completed and a label put on implement for identification.
- Maximum spike length is **6mm**. **These must be either Pyramid or Christmas Tree type. No Needle/pin type spikes will be allowed. For High Jump & Javelin events, spikes can be up to 12mm.**
- Competitor numbers to be secured firmly to front and back of vest. (except athletes in the 4 Jumping events: High Jump, Long Jump, Pole Vault & Triple Jump)
- Athletes should wear either school vest, school international vest or a plain vest. **Club vests must not be worn.** Bib Numbers must be able to be pinned securely to athlete's vest. Bib numbers must not be reduced in size.
- In the event of heats not being required, Finals will take place at Heat Time.
- Should Semi-Finals not be required, the Final will take place at the allocated Semi-Final time.

Final Information

Photography

School staff/parents/family who wish to take photographs/video must report on each day to the Convener's table set up in Declaration Area. They will be asked to sign a 'Permission to Photograph' sheet and will receive a sticker, which must be displayed on their camera.

Only SSAA official photographers will be allowed within the competition area. All others must remain outside.

SSAA medals will be presented to the 1st, 2nd and 3rd placed athletes in each event.

Under 17 SIAB International

This year's Under 17 SIAB International will take place in Belfast on Saturday 18 July. The team will travel to Belfast on Friday 17th return on Sunday 19th.

Eligibility and selection

The age group for the match has not changed: athletes must have been born on or after 1 September 2009. However, the SSAA Track & Field Championships age groups have been aligned with international & Scottish Athletics.

As a result, gold medalists are not guaranteed selection, because the Under 18 age group includes some athletes who are not eligible for selection and there are also Under 16 age group athletes eligible.

Selection will take place on the evening of Tuesday 16 June and will consider all available data and performances up to and including the SSAA T&F Championships. Two athletes per event will be selected. Successful athletes will be notified by email.

Janice Hendrie Convenor

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